

Lesson 01: Tradition & Clothing

Hi! Welcome to the Article Discussion lesson!

Today's topic is about "***Tradition & Clothing.***"

Have fun learning English!

Activity 1 | Vocabulary and Expressions

Directions: Listen and repeat.

Vocabulary

- **perceive** – to attain awareness or understanding of
- **basic necessity** – a basic need; just sufficient resources with nothing to spare
- **aspect** – a characteristic or feature of something
- **peoples** – the human beings of a particular nation or community or ethnic group
- **indicate** – to show the way to or the direction of; point out
- **to frown upon** – to regard something with disapproval or distaste
- **disparate** – different in kind, not being able to be compared

Activity 2 | Article

Directions: Read the article aloud with your teacher.

Tradition & Clothing

There are a couple of things that all people in the world, irrespective of their background, need: food, water, and shelter. Clothing, on the other hand, is a **basic necessity**, but not for everyone. Although it is difficult to imagine a world without clothes, there are still some civilizations that do not **perceive** clothes as a necessity.

Every country's customs and traditions are reflected in various **aspects**, from historical to cultural; however, they are also reflected in the country's clothing. The majority of the **peoples** on Earth have folk or traditional national costumes that express their identity or **indicate** their religious or marital status. Even though many nations have similar folklore and traditions, folk costumes can, and usually do, vary with respect to their historical heritage.

Disparate styles of fashion, as it were, are not merely characteristic of the past. The modern times also have certain "regulations," which can differ from one nation to another. Whilst people in specific countries can go to work wearing jeans and other such casual apparel, in other countries this is **frowned upon** and there is a "standardized" dress code, so to speak.

The word "clothes" is a plural noun, signifying a group of clothing items. If one wants to refer to the singular form, one can simply say: garment, piece of clothing, an item of clothing, or they can just name whatever it is they are talking about, such as a blouse, a pair of khakis, an anorak, and so forth.

Activity 3 | Question and Answer

Directions: Answer these questions about the article.

1. What are the three basic needs of human beings?
2. Apart from these basic needs, what is another thing that most people need to have?
3. How do traditional clothes reflect unique culture and traditions?
4. Why are traditional clothes different in each country?
5. What kind of rules do we have nowadays?

Activity 4 | Summary

Directions: Make a summary of this article, focusing on the main topic. After that, your teacher will give you an example of the summary.

Activity 5 | Thoughts

Directions: Read the following quotes and discuss your opinion with your teacher:

“In some regions and areas where people suffer from extreme poverty, we can imagine the natives without permanent shelter and food to eat, but never without clothes on.”

1. Do you agree with the writer’s viewpoint? Why?
2. Do you know of any societies whose members do not wear clothes?
3. How drastically has our attitude toward nudity and social organization altered - and is still altering - throughout human evolution?

Activity 6 | Free Conversation

Directions: Answer these questions related to the topic of the article. Have a free conversation about it with your teacher.

1. What types of clothing do you like?
2. How many traditional clothes does your country have?
3. What materials or fabrics are your traditional clothes made of?
4. During what events in the present time do people in your country use or wear traditional clothes?
5. Do you like to wear your country's traditional clothes? Why or why not?
6. Does wearing "proper" clothing fall within the definition of good manners?
7. Do you think that the naked body is considered unnatural in the modern world?
8. How would you feel if you were to visit a place where nudity is considered normal, and people do not think of covering themselves?
9. Modern civilization's laws of decency have labeled unclothed cultures as offensive and inferior. What do you think is the reason for that? Do you agree?
10. Missionaries have effectively forced compliance with western dress codes wherever "primitive" cultures were found. Do you agree with these actions? Why or why not?