

Lesson 08: Decision Making

Hi! Welcome to the Article Discussion lesson!

Today's topic is about "***Decision Making.***"

Have fun learning English!

Activity 1 | Vocabulary and Expressions

Directions: Listen and repeat.

Vocabulary

- **resolution** – a firm decision to do or not to do something
- **inevitable** – certain to happen; something you cannot prevent
- **psychological** – related to the mental state of a person
- **inescapable** – unavoidable
- **vicissitudes** – a change of fortune, usually unpleasant one
- **ramifications** – a complex or unwelcome action
- **awry** – away from the usual and expected course

Activity 2 | Article

Directions: Read the article aloud with your teacher.

Decision Making

Life is like a roller coaster, sometimes it's thrilling, other times it's frightening. It rotates in different directions, both advantageous and disadvantageous. Now and then, we get an impression that we cannot control the **vicissitudes** of life. However, decision-making is a process by means of which we might alter that, as it enables us to forge our own life trajectory on the anvil of existence by choosing "to be, or not to be," that is to say, to act, or not to act.

Decision-making is reaching a conclusion, judgment, or **resolution** after pondering the best thing to do in a particular situation. It is how people make choices among desirable alternatives. **Inevitably**, we all have to make decisions at times. We **inescapably** practice a constant **psychological** exercise every single day.

Irrespective of the effort put into decision-making, we need to acknowledge the possibility of failure. At times, we make reckless or risky choices, especially when overcome with strong emotions. Assessing the **ramifications** may lead to diminishing their impact, if our choice turns out to be a bad one or if things go **awry**.

Rational thinking, alongside a scrupulous scrutiny of the facts, is the best possible way to steer clear of mishaps. We should dissect problems into simpler forms and deal with them individually, consider pros and cons, and diligently arrive at the rock-solid certainty that we made the right call.

Activity 3 | Question and Answer

Directions: Answer these questions about the article.

1. What makes life similar to a roller coaster?
2. How can we interfere with the natural flow of life?
3. Why is decision-making considered to be a psychological exercise?
4. What can help us if we end up taking the wrong course of action?
5. How can we avoid making bad decisions?

Activity 4 | Summary

Directions: Make a summary of this article, focusing on the main topic. After that, your teacher will give you an example of the summary.

Activity 5 | Thoughts

Directions: Read the following statement and share your opinion with your teacher:

“Trust your instincts, and make judgments on what your heart tells you. The heart will not betray you.”

1. Do you agree with this statement? Why?
2. Do you think instinct is more important than facts?
3. Do you think the impact of a wrong decision is greater if we make a decision based on our instincts, rather than facts?

Activity 6 | Free Conversation

Directions: Answer these questions related to the topic of the article. Have a free conversation about it with your teacher.

1. Do you trust yourself or other people more when it comes to decision-making?
2. Do you let other people interfere when you are making decisions? Do you ever seek advice?
3. In your opinion, do you make more advantageous or disadvantageous decisions?
4. Is there any decision that you regret making?
5. Does it take you long to decide what to buy when you are shopping?
6. How important is decision making to you?
7. Do you think decision-making is dangerous with insufficient information? What kind of effect can it have on people?
8. Multiple objective decision making is very complex. How do you think people should deal with it?
9. If the choice has an impact on other people, should you include them in the process? What are the pros and cons of such decisions?
10. Some parents choose to make decisions for their children. What do you think about this? What is the best time for a person to start making their own decisions?