

Lesson 20: Dancing

Hi! Welcome to the Article Discussion lesson!

Today's topic is about "***Dancing.***"

Have fun learning English!

Activity 1 | Vocabulary and Expressions

Directions: Listen and repeat.

Vocabulary

- **rhythmic** – having a regular pattern of rhythm
- **channel** – to direct toward or into some particular course
- **unwavering** – steady
- **sporadic** – happening in irregular intervals
- **solely** – only and not involving anyone or anything else
- **partaking** – take part in something
- **synchronicity** – simultaneous

Activity 2 | Article

Directions: Read the article aloud with your teacher.

Dancing

The entertainment industry and popular culture have been highly influenced by song and movement. **Rhythmic** movement of the body in harmony with music can be seen in all parts of the planet. A universal urge to express our feelings in this fashion has countless forms.

For most people, dancing is an enjoyable activity with the purpose of having fun or entertaining others. It is an activity we can engage in at any time with no prior preparation. In this manner, people invigorate their body by **channeling** their energy into something positive.

In contrast, dancing as a form of art requires a high level of **unwavering** perseverance and continuous practice. Professionals regard it as a painstaking sport that comprises a lot of training, fierce competitions, and even **sporadic** injuries. This form of expressive art obliges dancers to communicate or exhibit a wide range of emotions to the audience **solely** by using their bodies.

The benefits of **partaking** in dance activities are abundant, inasmuch as it keeps both the brain and the body active. At the end of the day, balancing and improving **synchronicity** between body and mind is indispensable for the sense of well-being.

Activity 3 | Question and Answer

Directions: Answer these questions about the article.

1. According to this article, what kind of needs do human beings have?
2. What is dance?
3. How can you compare dancing as a form of entertainment to dancing as a form of art?
4. What kind of difficulties do professional dancers face?
5. What kind of effect does dancing have on human body?

Activity 4 | Summary

Directions: Make a summary of this article, focusing on the main topic. After that, your teacher will give you an example of the summary.

Activity 5 | Thoughts

Directions: Check the following quote and share your opinion with the teacher:

“And those who were seen dancing were thought to be insane by those who could not hear the music.”

1. How do you understand this quote? Do you agree with the writer’s opinion? Why?
2. Which figure of speech is this?
3. Can you think of a historical example that could reflect the point of this quote?

Activity 6 | Free Conversation

Directions: Answer these questions related to the topic of the article. Have a free conversation about it with your teacher.

1. Is dancing popular in your country?
2. What types of dances are popular in your country?
3. Do you like to dance?
4. What dance performances do you enjoy watching?
5. Who is your favorite dancer?
6. "Dance is like wine; it matures with every performance." How do you understand this quote? Do you think it refers to both the professional and non-professional dancers? Why?
7. Why do some people feel uncomfortable while dancing?
8. "Dance first. Think later. It's the natural order." What do you think about this point of view? Have you ever tried it? Do you think it is important to think before you act? Why?
9. How has dancing evolved through time? Do you know anything about contemporary dancing?
10. What is the connection between culture and dancing? What are traditional dances? Why are they important?