


Lesson 06: Daily Habits

第六課: 日常生活

第六課：學習如何討論日常生活

與老師一起學習英語吧！

Step 1 (步驟 1)

 對方欲詢問你早上時做了哪些事，通常會這樣說：“What do you do in the morning?”

以下列舉些可能的答覆作參考：

- I wake up. (我起床了。)
- I brush my teeth. (我刷牙。)
- I take a shower. (我洗澡。)
- I have breakfast. (我吃早餐。)
- I drink coffee/tea. (我喝咖啡/茶。)
- I go to school/work. (我去學校/工作。)

Step 2 (步驟 2)



練習：和老師討論早上做了什麼事情

Teacher : What do you do in the morning?

You : I _____.

Teacher : What do you do in the morning?

You : I _____.

Teacher : What do you do in the morning?

You : I _____.

Teacher : What do you do in the morning?

You : I _____.

Teacher : What do you do in the morning?

You : I _____.

Teacher : What do you do in the morning?

You : I _____.

Step 3 (步驟 3)



對方欲詢問你早上時做了哪些事，通常會這樣說：“What do you do in the afternoon?”

以下列舉些可能的答覆作參考：

- I have lunch. (我吃午餐。)
- I take a break. (我休息一下。)
- I come home from school. (我從學校回來。)
- I take a nap. (我小睡一下。)
- I drive back home. (我開車回家。)
- I go shopping. (我去逛街。)



練習：和老師討論下午做了什麼事情

Teacher : What do you do in the afternoon?

You : I _____.

Teacher : What do you do in the afternoon?

You : I _____.

Teacher : What do you do in the afternoon?

You : I _____.

Teacher : What do you do in the afternoon?

You : I _____.

Step 4 (步驟 4)



對方欲詢問你晚上時做了哪些事，通常會這樣說：“What do you do in the evening?”

以下列舉些可能的答覆作參考：

- I read a book. (我讀了一本書。)
- I play video games. (我玩了遊戲。)
- I go out with my friends. (我和朋友出去。)
- I visit my parents. (我拜訪我父母。)
- I have dinner. (我吃晚餐。)
- I watch TV. (我看電視。)
- I go jogging. (我去慢跑。)
- I go to sleep early. (我很早睡覺。)



練習：和老師討論晚上做了什麼事情

Teacher : What do you do in the evening?

You : I _____.

Teacher : What do you do in the evening?

You : I _____.

Teacher : What do you do in the evening?

You : I _____.

Teacher : What do you do in the evening?

You : I _____.

Step 5 (步驟 5)

練習 :請在下表中選擇你早上時會做哪些事

I have dinner.	I read a book.	I take a shower.
I go to school.	I go to sleep early.	I drink coffee.
I take a break.	I have breakfast.	I take a nap.



練習 :請在下表中選擇你下午時會做哪些事

I go to sleep early.	I go jogging.	I go shopping.
I have lunch.	I play video games.	I go out with my friends.
I come back from school.	I take a nap.	I drive back home.



練習 :請在下表中選擇你晚上時會做哪些事

I wake up.	I watch TV.	I brush my teeth.
I go to work.	I read a book.	I visit my parents.
I have dinner.	I take a break.	I drink coffee.