

Idioms | Lesson 14

bite the bullet | add insult to injury | **hear through the grapevine** | sick and tired | plain as day

Example Dialogue

Naoko : Hey! Long time no see!

Eddie : Indeed!

Naoko : How have you been? I **heard through the grapevine** that you got into a big fight with Robin.

Eddie : That's true. I got **sick and tired** of his offensive behavior.

Naoko : Really? What has he done?

Eddie : He tried to steal my girlfriend. **To add insult to injury**, he was telling lies about me to other people. Apparently, he was telling everyone that I was being rude to my girlfriend.

Naoko : No way! He's such a jerk!

Eddie : And it's **plain as day** that he is lying!

Naoko : You certainly **bit the bullet**, Eddie. But I think you shouldn't have yelled at him.

Eddie : That's true, Naoko, but I just was so furious... I'm regretting it now, though.



Try to figure out the meaning of these idioms.


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Example Passage

Recently, I have heard through the grapevine that Sarah got into a big fight with her family. It was plain as day that she has never been close to her parents anyway. However, she has always been very friendly with her older brother. I was shocked to hear that he didn't support her when she got fired. To add insult to injury, he actually told her that she shouldn't have done it. That was cold-hearted. Sarah was just sick and tired of always being told what to do. No wonder she argued with her brother. Her parents sided with him, making it harder for Sarah. She will have to bite the bullet and carry on.

 **Again, try to figure out the meaning of these idioms.**

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 **Definitions**

bite the bullet | accept and endure a painful or unpleasant situation

*He will have to **bite the bullet** and live with it.*

*She hates going to the dentist, but she'll just have to **bite the bullet**.*

add insult to injury | make a bad situation worse

*I think asking for his help was **adding insult to injury**.*

*To relegate him now would only **add insult to injury**.*

hear something through/on the grapevine | hear news from someone who heard the news from someone else

*I **heard through the grapevine** that she was pregnant.*

*I **heard on the grapevine** that he was fired yesterday!*

sick and tired | be annoyed or bored because of doing something (usually unpleasant)

*I'm **sick and tired** of listening to your complaints.*

plain as day | very obvious/clear

*It's **plain as day** that he's the one who stole her purse.*

*It was **as plain as day** that he was lying.*

Make sure you can understand the meaning of these idioms.

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 **Practice**

Fill in the blanks with the correct *idioms* (in the correct form) to complete the dialogue.

1 | _____ and admit that you've broken the window.

2 | It's as _____ that they are dating! Did they really think no one knew?

3 | First the pipe burst and then, to _____, the electricity went off!

4 | I got soaked in the rain and then, to _____, I fell into a puddle.

5 | She just _____ and continued with the business on her own.

6 | I _____ that Charlie is getting married.

7 | I'm _____ of airplanes. I need a rest from all the flying.

8 | You shouldn't believe what she says; she tends to say things she _____.

9 | The fact that Peter hates Sam is _____.

10 | The reason she quit the job is that she got _____ of the way people were treating her.



APPLICATION: Create your own sentences using these idioms.

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 Exercise

Fill in the blanks with the correct **idioms** (in the correct form) to complete the dialogue.

(Noah is complaining to Richard.)

Noah : I'm so _____ of everything!

Richard : Stop complaining! It could have been worse.

Noah : But I'm so aggravated. I just can't take it anymore. Everybody keeps telling me to _____ and move on, but I don't think I can.

Richard : It's not just the exams, is it? It's _____ that something happened between you and Michelle.

Noah : You're right. I _____ that she has been cheating on me.


Richard : Are you serious? That's probably just a rumor.

Noah : To _____, she has been avoiding me. I think it might be true...

Richard : How about you talk to her?

Noah : I don't know...

Richard : Worrying won't do you any good! You should call her!

 **APPLICATION:** Create your own dialogue using these idioms.

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